



Central Bucks School District- Cold Spring Elementary

UPDATED School Lunch Menu

February 2019

All Grains are Whole Grain Rich!
 V= Vegetarian Meal Choice

"The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE"

4

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12

13

14
NO SCHOOL
 PROFESSIONAL DEVELOPMENT DAY


15
NO SCHOOL
 PROFESSIONAL DEVELOPMENT DAY


18
NO SCHOOL
 PRESIDENTS' DAY


19
Chef's Choice
 Chicken Caesar Salad
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Fresh Broccoli  
 Pepper Strips  
 Fruit Cocktail

20  
**Turkey & Cheese Hoagie**  
 Chicken Caesar Salad  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Celery Sticks
 Grape Tomato
 Craisins

21
Make Your Own Pizza V
 Chicken Caesar Salad
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Leafy Green Salad  
 Cucumber Slices  
 Orange Slices

22  
**Ham & Cheese Hoagie**  
 Chicken Cesar Salad  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Baby Carrots
 Celery Sticks
 Apple Slices

25
Chicken Caesar Wrap
 Garden Salad V
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Fresh Broccoli  
 Celery Sticks  
 Sweet Peaches

26  
**Italian Hoagie**  
 Garden Salad V  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Baby Carrots
 Mixed Bean Salad
 Fruit Cocktail

27
Make Your Own Pizza V
 Garden Salad V
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Leafy Green Salad  
 Cucumber Slices  
 Orange Slices

28  
**Chicken Ranch Wrap**  
 Garden Salad V  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Celery Sticks
 Grape Tomato
 Craisins

1
Honey Mustard Chicken Wrap
 Garden Salad V
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Pepper Strips  
 Leafy Green Salad  
 Pineapple Tidbits

### Lunch Prices: \$2.60 Full; \$0.40 Reduced

To make a meal, students must select foods from at least 3 different food groups with one of the items being a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only ½ c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.

Menu subject to change without notice

**Offered Daily:** PBJ Protein Pack V or Yogurt w/ Pretzel V

**Milk:** All Choices are rBST Hormone Free

Skim White, Nonfat Flavored Chocolate or Strawberry, or 1% White

**Selection of Fresh Fruits and Vegetable are offered daily. Options may include:**

applesauce, apple slices, peaches, pears, pineapple, raisins, mandarin oranges, grapes, whole apples, whole oranges, leafy green salad, mixed bean salad, tomatoes, cucumbers, celery, carrots, broccoli and peppers.